

Sensory Processing Questionnaire – [Ages 12 –18]

| Sensory System | Child Needs More Input to Respond in this Area | Child Seems to Be In the Middle in This Area | Child Needs Less Input to Respond in this Area |
|---------------------|--|--|--|
| Auditory | Misses certain sounds/name being called Difficulty following rapid speech or complex directions Likes to whistle, hum sing (Made unusual sounds/noises) | Orients to name being called Able to focus in noisy environment Understands directions well | Doesn't like loud noises (Covered ears with hands) Distracted or irritable in loud/noisy environments Bothered by others' music/TV Startles at unexpected/loud noises Frequently talks loudly |
| Visual | Exceptionally focused on small visual activities or screen time. Seems oblivious to people entering/moving in the room. Misses signs when navigating Likes bright colors and activity | Able to move between focus on small objects and their environment without difficulty Adequate reading abilities Regulates screen time well. | Squints often/bothered by bright lights, likes shades closed Difficulty with eye contact Frustrated by visual clutter/unable to find things Bothered by lots of movement around them, limits distractions while working |
| Oral/ Smell | Smells objects/foods frequently Adds spice to food (Chewed on non-food items/ clothes inappropriately for age.) | Eats from a varied diet Completes oral cares without difficulty | Restricted diet - craves or avoids certain foods Reacts to smells others miss (Avoided tooth brushing or dental care) (Over active gag reflex) |
| Touch | Seems to constantly touch something/fidget Under-sensitive to pain Seeks backrubs or back scratching (or used to enjoy and seek these) (Enjoyed, sought out messy play) | Able to accept non-preferred textures to complete an activity and then wash hands Accepts hugs Accepts but does not seek backrubs or back scratching, etc. | Avoids messy jobs (i.e. "slimy" dishes) Needs to be in control of touch, may avoid hugs, backrubs, etc. Extra sensitive to pain Irritated by clothing – tags, buttons, sox, seams, fabric (or used to be) (Distress/discomfort during grooming nail care, face washing, hair care) |
| Movement | Frequently moving/fidgeting Loves spinning rides Takes extra risks when having fun | Balances active with quiet activities Enjoys movement, but does not crave it | Strongly prefers sit down/ quiet activities to active play Over-reacts to or anxious about intense movement activities |
| Body Awareness | Trips/falls often Described as clumsy Changes body position often during sit down tasks | Good body awareness Fair coordination when compared to other children | Rigid body posture Very cautious during movement/play activities |
| Self- Regulation | Slow to respond/bored/low energy Difficulty waking in morning | Able to adjust attention and effort to the activity and between activities easily | Difficulty falling/staying asleep Difficulty maintaining the appropriate amount of energy for the activity, easily excitable |