GRACE AND TRUTH FOR MOMS

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The intense emotions of parenting are a "window into the soul." You can begin to transform unhealthful thinking that may be keeping you stuck in anxious or angry responses.

Lynne's gut-level honesty and transparency will help you "speak the truth in love" - to yourself about you and your children—and experience God's transformation and peace. As one parent stated, "Now I can protect my kids from my own baggage!"

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