



# GRACE AND TRUTH FOR MOMS

The intense emotions of parenting are a “window into the soul.” You can begin to transform unhealthful thinking that may be keeping you stuck in anxious or angry responses.

Lynne’s gut-level honesty and transparency will help you “speak the truth in love” - to yourself about you and your children—and experience God’s transformation and peace. As one parent stated, “Now I can protect my kids from my own baggage!”



## Speaker

Lynne Jackson

Visit [www.connectedfamilies.org](http://www.connectedfamilies.org) to learn more!



**Connected Families**