

5 Destructive Lies We Tell Ourselves... and How to Fight Them!

False Belief: You're most loved when you behave well.

Truth: Each family member is beloved and treasured by God, despite failings or imperfections.

Romans 8:1, 37-39

Ephesians 2:4-5

1 Thessalonians 3:12

Ephesians 3:16-19

False Belief: The way things look is what matters.

Truth: What matters is what's real, the things rooted in faith and love, not pretense.

Galatians 5:6

Psalms 51:6

Luke 11:39

False Belief: Parents are responsible for their children's behavior.

Truth: My children are responsible for their own behavior. I am responsible for my behavior. The fruit of the Spirit is self-control, not control of others!

Matthew 16:27

Romans 14:4

Galatians 5:22, 23

Galatians 6:7

False Belief: God's blessings make life work smoothly.

Truth: God is present and working even in our worst situations and will guide and counsel us.

Psalms 73:21-25

Isaiah 43:1-5

Philippians 1:6, 2:13

1 Corinthians 3:6,7

False Belief: Kids should obey the first time, every time.

Truth: Learning obedience is a process - for us and our kids! Quickly obeying God out of love and talking about the blessing of that is our best way to teach our kids to do the same.

Ephesians 6:4

Philippians 4:9 (modeling obedience)

Colossians 3:20-21