## Outdoor Activities List >



## **Yard Adventures**

- Badminton
- · Big bubble wand
- A big bucket of water make sidewalk paint out of chalk, dump water on each other, pour water down the driveway, and play with figurines in the bucket (even freeze toys in ice cubes to thaw in the water.)
- Build a treehouse
- · Camping in the backyard
- Chalk drawing make a big mural to illustrate a favorite story
- Climb trees, poles, and even streetlights
- Croquet
- Day trip to a nearby town you don't normally visit
- Do homework outdoors
- Dress up/porch theater
- Driveway basketball
- Fairy garden
- Firepit (free-standing if you don't have one)
- Frisbee or softer flying discs
- Gardening
- · Lightsabers in the dark or flashlight tag
- Have a picnic lunch/dinner at home
- Hose, some toy trucks, and sticks. (Have a dig site, look for buried treasure, build a rock city, build a stick fort or garage)
- · Jump rope (swung by two people) in the driveway
- "Noodle battle" in the yard use pool noodles to rough house for a bit
- Obstacle courses
- Pick dandelions
- Picnic snacks/meals
- Play with pets in the backyard
- · Playing in the rain, puddle stomping
- · Reading in a hammock or on a blanket
- Sandbox
- Scooter
- Slackline
- · Slip n' slide or sprinkler
- · Snow time: snowman, build a luge down a backyard hill

## **Outdoor Activities List cont.**

- Stargazing
- Swings/Swingset
- Tennis and sprints
- "Treasure" hunts collect special rocks, or materials to make a simple decoration for the house
- Watering plants
- Yard games bean bag toss, lawn bowling, ladder toss, Finska
- Yard work/gardening Kids get their own plants to plant and tend

## **Outings/trips**

- Alphabet walk with my grands...finding things that start with A to Z can get really creative i.e, "zippy bug"
- Bird watching
- · Camping cabin or tent
- Catching lizards/bugs
- City/community parks
- Create a <u>phenology wheel</u> about season changes
- Drive to unfamiliar parks
- Floating boats in a stream or pond
- Find interesting things bird watching, wondering about an odd-shaped branch, or what kind of animal might live in a hole, etc.
- · Go to a pond to catch frogs or salamanders or water snails
- Hiking, especially with shallow creeks
- Kid-sized kayaks
- Playing pretend outdoors with your kids
- Rollerblading
- Splashpad
- State Park checklist (Etsy)
- Take a "color walk" looking for all the different colors in nature on your way, collecting leaves in the fall
- Tubing, skiing, sledding, ice skating, and snowshoeing in the winter
- Walk or bike ride to the ice cream shop
- Walk the dog
- Waterpark
- Wildcrafting for kids
- Zoo

