



Directions to record a Podcast Welcome

Step 1 - On your phone, open **Voice Memos**. (You can ask Siri to do it.)

Step 2 - **Press the red button**. That's the record button.

Step 3 - You'll see the digital counter start running. **Hold the phone at about eye level**, as though you're looking at a picture.

Step 4 - **Record a greeting** (examples below) that is **30-45 seconds in length**.

Step 5 - Press that red button again to **stop the recording**.

Step 6 - Press **"done,"** and you'll see a dialogue box to name the file. It says New Recording 1.

Rename it with your full name. Then **press "save."**

Step 7 - Go ahead and **press play** to verify that it worked.

Step 8 - Press that box with the up arrow; that's for sharing the file. Select the "mail" icon and email it to us at info@connectedfamilies.org. Press SEND, and that's it.

Helpful hints:

- To decrease background noise and echo, **record in a walk-in clothes closet**. Another good option is your car, but just make sure the air conditioner isn't on, and the engine isn't running.
- **Write out your script** and practice it a few times before you hit the "Record" button.
- If your kids are willing, include their voices!

Script to get you started:

"The Connected Families Podcast is made possible by listeners like us. My name is XYZ. My husband, XYZ, and I and our four kids (Levi, Samantha, Issac, and Elli) live in XYZ. We love to connect with each other by XYZ (hiking along the Mississippi river). I hope you enjoy today's program."

You can make the script your own! Use this guide:

- First: *“The Connected Families Podcast is made possible by listeners like us.”*
- Second: Introduce yourself & family, where you live, and how your family connects with each other.
- And third: *“I hope you enjoy today’s program.”*

Sample Script A: (Invite your kids to say parts of it.)

- Child 1: *“The Connected Families Podcast is made possible by listeners like us. My name is XYZ, and I’m seven years old.”*
- Child 2: *“My name is XYZ, and I’m nine years old. We have a new puppy named XYZ.”*
- Parent: *“And I’m Lydia. My husband, XYZ, and I, and our two kids, live in Des Moines, Iowa. I work for XYZ. My husband is a worship pastor at our church. Our family loves to connect by reading books out loud together. I hope you enjoy today’s program.”*

Sample Script B:

“The Connected Families Podcast is made possible by listeners like us. My name is XYZ. My two kids, Sam and Alex, and our pot-belly pig Porky live on a mini farm next to a river in North Florida. I am a pediatric nurse. Our family loves to connect with each other by canoeing on the river. I hope you enjoy today’s program.”

Sample Script C:

“The Connected Families Podcast is made possible by listeners like us. My name is XYZ. My husband, XYZ, and I, our two kids, Julia and Eric, and our new golden lab puppy, “name,” live in Des Moines, Iowa. I homeschool the kids and work for XYZ as a parent coach. My husband is a worship pastor at our church. Our family loves to connect with each other by reading books out loud together. I hope you enjoy today’s program.”